

## How to Stay Connected in a Season of Disconnect

### 1. What happened this year?

-Eph 6:10-20

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-1 Timothy 3:1-17

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1. Julianne Holt-Lunstand, PHD, a professor at BYU studied isolation.
2. Maryland's Do Good Institute studied volunteerism.
3. American Cancer Society studied isolations effects on premature death.

### 2. Encouragement to act

"I have discovered that the real need in the church is solid, systemic, expository teaching of the Scriptures. This is what leads to spiritual growth in the people and equips them to go out and do the work of the ministry. If I do my job, all those who listen and learn will then go out and evangelize and minister in many other ways, which will lead to the body of Christ being built up. It just works." *Pastor Chuck Smith in a commentary on Ephesians 4.*

Hebrews 10:24-25-\_\_\_\_\_

Eph 4:1-32-\_\_\_\_\_

Prov 29:25-\_\_\_\_\_

Phil 2:1-4-\_\_\_\_\_

Titus 2:13-\_\_\_\_\_

### 3. Practical Ways to Stay Connected

1. Practice \_\_\_\_\_ -

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2. Plan \_\_\_\_\_ -

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3. Pray \_\_\_\_\_ -

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